

Adult Psychopathology Section 02 PSYC 110

Spring 2023 3 Unit(s) 01/25/2023 to 05/15/2023 Modified 01/23/2023

Contact Information

Instructor:	Jennifer Gregg, Ph.D.
Class Days/Time:	Tuesdays and Thursdays 3:00 - 4:15pm
Class Location:	BBC 202
Telephone:	Please use email to reach me
Email:	Jennifer.gregg@sjsu.edu
Office Hours:	Tuesdays and Thursdays 2:00pm to 3:00pm via zoom or in DMH 317

Course Description and Requisites

Nature, causes, assessment, and treatment of behavioral, emotional, and personality problems of adults. Emphasis on psychological, social, and biological determinants of human behavioral and psychological disturbance.

Prerequisite: PSYC 001.

Letter Graded

* Classroom Protocols

I will reliably be in my office and available to you Tuesdays and Thursdays before our class from 2:00 - 3:00pm and by appointment. That is a great time to come and talk with me if you are not performing as well as you would like in the class, if you are struggling to learn the content, or if you love this topic as much as I do and want guidance or help in figuring out a career in psychology. I can make an appointment to meet with you a different time if this time does not work for you. **I truly love talking about this stuff and helping students figure out this content and/or their career path.** Take me up on it.

There is a lot of interaction in this class, both with the professor and with your fellow students, so professionalism on your part is very important. Please be respectful of the thoughts, opinions, and experiences of others. Many of the topics in this class may have personal significance to some students.

Again, my office hours are Tuesdays and Thursdays from 2:00 - 3:00pm in DMH 317 or via zoom (My meeting ID is 692-829-4830; this code will work for joining office hours all semester). If you cannot make this time, please email me. I want to be available to you. The best time to catch me is office hours, but let me know if you need to see me at another time. With office hours it is first come, first served, and you will be placed in the virtual waiting room until it is your turn. If you do not want to wait or were not able to see me, please set a time with me individually. During office hours we can discuss course questions, psychology as a career, or other topics of interest to you.

Program Information

Program learning outcomes (PLOs) are skills and knowledge that students will have achieved upon completion of the Psychology BA degree. Each course in our curriculum contributes to one or more of these PLOs. The PLOs for the Psychology BA degree are:

1. Knowledge Base of Psychology. Students will be able to demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
2. Research Methods in Psychology. Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
3. Critical Thinking Skills. Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
4. Applications of Psychology. Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues. Values in Psychology. Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Course Goals

The two primary goals of the course are (1) to provide students with a general understanding of the various types of psychological disorders discussed within the field of psychological science, and (2) to develop an ability to think critically about these disorders and the study of them as abnormal behavior. Thinking critically means considering a patient's cultural and contextual factors to understand the various causes of suffering and how to alleviate it.

Course Learning Outcomes (CLOs)

CLO1: understand the importance of culture and context when examining and classifying abnormal behavior

Satisfied by online quizzes, exams, and section writing assignments

CLO2: have a familiarity with the major methods used in the assessment, classification, and treatment of psychological problems

Satisfied by online quizzes, exams, and section writing assignments

CLO3: develop a broad knowledge base of the different categories of abnormal behavior and corresponding psychological, social, and biological interventions

Satisfied by online quizzes, exams, and section writing assignments

Course Materials

Essentials of Abnormal Psychology.

Durand & Barlow & Hoffman, 8th Edition.

Cengage Publishing

ISBN-13: 978-1337619370

ISBN-10: 9781337619370

This book is available at the campus bookstore.

UNFORTUNATELY, NO OTHER EDITION

CAN BE USED FOR THIS CLASS

Course Requirements and Assignments

This class is **designed to give you as much choice as possible**, while still having you learn the content for this course very well. When I think about what you need to know at the end of this course it is:

- 1) the **names and characteristics of a whole bunch of psychological disorders** so you can impress your friends and family with your random knowledge, and
- 2) how to **think critically about how we diagnose and treat psychological disorders** so we avoid thinking of these disorders are a "thing" you can "have" without thinking about culture and context.

With this in mind, there will be the following assignments:

Module Quizzes

Quizzes will be over the assigned reading and lecture material for each module. You can learn the material to do well on the quizzes by doing the following: 1) attending lectures (Tuesday and Thursdays 3:00 – 4:15pm) and/or 2) reading and understanding the assigned chapter in the textbook. If you are not scoring as high on the quizzes as you would like, try attending lecture after having read the chapter in the textbook – this will dramatically increase your understanding and your score.

The quizzes will be **due the day after each topic's lectures at 11:59pm (note: sometimes this will be Friday and sometimes it will be Wednesday - pay attention to Canvas due dates)**. Quiz questions will be randomly drawn from a test bank covering that module's material so no two quizzes will be the same. You can open them anytime before they are due **but they will only be open for 10 minutes**.

Midterm and Final Exams

There will be 3 total exams in this class, and all will have the same format. The exams will include **25 multiple-choice** questions (2 points each) and **your choice of 2 essay questions** (25 points each) to ensure that you are thinking critically about the larger context of the disorders we are covering. These essay questions will be completed in class with the multiple choice questions and will be more focused on topics we talked about in lecture for each section.

✓ Grading Information

Grading is based on a combination of several factors. The components of your grade are

Assignment	Points	% of Total grade	Learning outcome(s)
Quizzes	(11 @ 10 points each) 110	27%	CLO1, CLO2, CLO3
Midterm Exams	(2 @ 100 points each) 200	49%	CLO1, CLO2, CLO3
Final Exam	100	24%	CLO1, CLO2, CLO3
Extra Credit Opportunities Writing Excellent Exam Questions Kazdin Lecture Report	Up to 5 points each		
Total Points	410		

University Policies

Per [University Policy S16-9 \(http://www.sjsu.edu/senate/docs/S16-9.pdf\)](http://www.sjsu.edu/senate/docs/S16-9.pdf), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on [Syllabus Information web page \(https://www.sjsu.edu/curriculum/courses/syllabus-info.php\)](https://www.sjsu.edu/curriculum/courses/syllabus-info.php) (https://www.sjsu.edu/curriculum/courses/syllabus-info.php). Make sure to visit this page to review and be aware of these university policies and resources.

Course Schedule

Date	Topic	Readings	Due

Week 1			
1-26-23	Overview of the Course		
Week 2			
1-31-23	History and Definitions	Reading: DBH, p. 3 -15 (up to "The Psychological Tradition")	Quiz 1 due 2/3/23 by 11:59pm
2-2-23			
Week 3			
2-7-23	Biological and Psychological Treatments	Reading: DBH pp. 15-26 and 33-through bottom of 56	
2-9-23			
Week 4			
2-14-23	Biological and Psychological Treatments Cont.		Quiz 2 due 2/17/22 by 11:59pm
2-16-23			
Week 5			
2-21-23	Assessment/Diagnosis	Reading: DBH pp. 70 -9	Quiz 3 due 2/24 by 11:59pm
2-23-23			
Week 6			
2-28-23	Kazdine Lecture		
3-2-23	Midterm 1		
Week 7			

3-7-23	Depressive Disorders and Bipolar and Related Disorders	Reading: DBH ch. 6	Kazdin Extra Credit Report Due 3/7 by 11:59pm
3-9-23			Quiz 4 due 3/10/23 by 11:59pm
Week 8			
3-14-23	Anxiety disorders	Reading: DBH 118 - 146	
3-16-23			
Week 9			
3-21-23	Anxiety disorders	Reading: DBH 1146-164	Quiz 5 due 3/22/2023 by 11:59pm (note: Quiz due Wednesday)
3-23-23	OCD Related Disorders and Trauma-Related Disorders		
Week 10			
3-28-23	Spring Break		
3-30-23			
Week 11			
4-4-23	OCD Related Disorders and Trauma-Related Disorders		Quiz 6 due 4/5/23 by 11:59pm (note: Quiz due Wednesday)
4-6-23	Midterm 2		
Week 12			

4-11-23	Personality Disorders	Reading: Chapter 11 DBH	Quiz 7 due 4/14/23 by 11:59pm
4-13-23			
Week 13			
4-18-23	Psychotic Disorders	Reading: Chapter 12 DBH	Quiz 8 due 4/21/23 by 11:59pm
4-20-23			
Week 14			
4-25-23	Substance Use Disorders	Reading: Chapter 10 DBH	Quiz 9 due 4/28/23 by 11:59pm
4-27-23			
Week 15			
5-2-23	Eating Disorders	Reading: Chapter 8 DBH	Extra Credit Excellent Exam Questions Assignment Due to Canvas by 5/2/23 11:59pm
5-4-23			Quiz 10 due 5/5/23 by 11:59pm
Week 16			
5-9-23	Sex Disorders	Reading: Chapter 9 DBH	Quiz 11 due 5/12 by 11:59pm
5-11-23			
5-19-23 2:45 - 5:00pm	Final Exam		